

MILLWOOD SCHOOL

Athletic Handbook



GO BOBCATS!!

Athletic Philosophy

Athletics are an important part of the overall educational program at Millwood School. Participation in athletics is a privilege available to all eligible students. This privilege carries with it personal responsibilities. At Millwood School the emphasis on academic achievement is of primary importance and athletic achievement is secondary to this responsibility.

Our scholastic athletics provide another dimension of education. The program strives to develop in students positive values and habits so that personal growth and development occurs. Preparing students to succeed in their future endeavors is a primary priority of the athletic program. Sound athletic programs teach young people values and lifelong skills such as accountability, sportsmanship, confidence, leadership skills, organizational skills, persistence, work ethic, self-discipline, social skills, teamwork, performing under pressure, the ability to take instruction, and striving for excellence. Millwood School's athletics programs are designed with the development of these qualities in mind.

The Athletics program plays a unique role in joining the school and community. Civic pride and identification with Millwood School are results of athletic participation that can last a lifetime. The athletics department aspires to generate community and school pride in all of those students who choose to participate.

Statement of Purpose

The Millwood School athletics department strives to provide a learning environment where students may experience problems and situations similar to those that may be encountered in later life. The environment provides natural opportunities for students to grow as follows:

1. Develop physically, mentally, emotionally, and socially.
2. Develop such concepts as loyalty, cooperation, fair play, dedication, and self-discipline through team play.
3. Develop special skills appropriate for each sport and the student's physical ability.
4. Develop self-motivation, excellence, responsibility, and academic development.
5. Develop worthy use of leisure time in later life, either as a participant or spectator.
6. Develop wholesome attitudes toward competition and sportsmanship.
7. Develop the ability to make the best choices with their time and energy.

Eligibility

All eligible students at Millwood School are encouraged to participate in the athletic program. Prior experience in sports is not required. It is a privilege, not a right, to play sports at Millwood. All participants are expected to exemplify the goals and standards of Millwood School - on and off the field – while participating on the team. The coach and/or athletic director may revoke or reinstate this privilege if he/she deems it in the best interest of the team, school or individual.

Lower School: Grades 3-5 are eligible for intramurals.

Middle School: Grades 6-8 are eligible for all sports

Athletic Conduct

Students at Millwood School are expected to abide by the Big 10 while in the classroom and on the athletic field.

Student Athlete Responsibilities

1. Always exhibit good sportsmanship
2. Be on time for practices and games
3. Be committed for the season
4. Keep grades up
5. Notify the coach 24 hours in advance if an appointment will interfere with a practice or game
6. Take appropriate care of school uniforms and equipment,
7. return clean uniforms promptly
8. Treat each other, the coach, opponents, and officials with respect
9. Win with character, lose with dignity

Coaches' Responsibilities

1. Be a good example to the athletes (Big 10)
2. Motivate our athletes to excel in the classroom as well as on the playing field
3. Lead and motivate students to bring out the best in themselves
4. Promote good sportsmanship
5. Provide a safe practice environment
6. report any conflicts or problems to the Athletic Director
7. Know Millwood School Athletic Philosophy
8. Be a good communicator to his/her team and parents
9. Review Handbook at first practice

Parent Responsibilities

1. Be a model of good sportsmanship
2. Make every effort to attend your child's games
3. Be a supportive parent for the team and coach
4. Cheer for all players on the team
5. Respect the officials
6. Be positive and supportive when teams win or lose
7. Look for opportunities to work with your child on the skills of the game
8. Preview the Athletic Handbook with your child

Interscholastic Sports

MS Girls Field Hockey	Sept-Oct
MS Boys Soccer	Sept-Oct

MS Girls Basketball	Dec-Feb
MS Boys Basketball	Dec-Feb

MS Girls Soccer	Mar-May
MS Boys Baseball	Mar-May

Intramural Sports*

Coed Soccer	Grades 3-5
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Coed Basketball	Grades 3-5
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Club Sports*

Road Runners	Grades 6-8
Lacrosse	Grades 6-8

* Creation of intramural and club teams is contingent on student interest and coaching staff.