

Upper School Overview



Millwood School offers an unprecedented Upper School experience. Upper School students enjoy a wide variety of opportunities through clubs, service organizations, and academic competitions. Every year is enhanced with traditions considered rites of passage as the students progress, including an overnight trip each year to complement the curriculum.



Our Upper School experience includes small classes with a robust Advisory Program; a safe, peaceful 79-acre campus; a friendly, inclusive, and diverse community with strong parent and grandparent involvement, an environment of

respect, self-discipline, good conduct, and responsible work ethic; and academic courses which meet students where they are and take them as far as they can go. Honors and Advanced Placement (AP) Courses are offered to students prepared for academic rigor.

Academics

Standardized Testing – The PSAT will be administered in grades 9 through 11 in preparation for the SAT.

College Placement – Students and parents will have the opportunity to work closely with the college counselor throughout the college selection process, beginning in the 8th grade.

Rigor – The college preparatory courses are unprecedented in this geographic area. All academic work is directed toward preparation for success in the college admission process and success with college-level work.

Academic Advisor – Students are paired with an advisor who guides and directs them throughout the upper school. This relationship involves course selection, the monitoring of academic progress, and the pursuit of personal goals.

Program Highlights

Approaches to Learning Skills – Students are armed with self-management skills, thinking skills, research skills, social skills, and communication skills. These skills are mastered through explicit classroom instruction, internship, and field experiences.

Community Service – We believe it is essential for students to demonstrate compassion and leadership. Each student must perform 30 hours of community service each academic year a student is enrolled.

AP Seminar – Students must complete AP Seminar to prepare them for the AP Capstone program

Athletics – Students may earn physical education credits by participating in a Millwood team sport or through outside activities.

Clubs – Clubs are offered during school as student interest dictates.

Specialty Programs

AP Capstone – Students earning scores of 3 or higher in AP Seminar, AP Research, and on four additional AP exams of their choosing, receive the AP Capstone Diploma. With this diploma, students could earn up to 36 college credit hours.

Round Square – Students have the opportunity to visit schools that also partake in the Spirit of Internationalism, the Spirit of Democracy, the Spirit of Environment, the Spirit of Adventure, the Spirit of Leadership, and the Spirit of Service.

IBMYP – “Middle Years Programme” students make practical connections between their studies and the real world.



ROUND
SQUARE

At Millwood School, we don't simply provide knowledge. We inspire it. We are a Junior Kindergarten - Grade 12, college preparatory, co-ed independent day school.

www.millwoodschool.org | 15100 Millwood School Lane, Midlothian, VA 23112 | 804.639.3200



Course Offerings

English

IB MYP H WESTERN LITERATURE
IB MYP H EASTERN LITERATURE
AP LITERATURE AND COMPOSITION
AP LANGUAGE AND COMPOSITION
AP SEMINAR
AP RESEARCH

Mathematics

IB MYP H ALGEBRA I
IB MYP H GEOMETRY
IB MYP H ALGEBRA II
IB MYP H PRE-CALCULUS
AP CALCULUS
AP STATISTICS

History

IB MYP H WORLD GEOGRAPHY 8
IB MYP H/AP WORLD HISTORY: MODERN
AP/H US HISTORY
AP/H US GOVERNMENT & POLITICS

World Language

IB MYP H SPANISH II
IB MYP H SPANISH III
IB MYP H SPANISH IV
IB MYP H FRENCH II
IB MYP H FRENCH III
IB MYP H FRENCH IV
AP FRENCH LANGUAGE & COMPOSITION

Fine Arts

IB MYP H ART I
IB MYP H ART II
IB MYP H ART III
3D ART AND DESIGN
IB MYP H MUSIC II
IB MYP H DRAMA II

Science

IB MYP H CONCEPTUAL PHYSICS
IB MYP H CHEMISTRY
AP PHYSICS 1/2
HUMAN ANATOMY AND PHYSIOLOGY
AP PSYCHOLOGY
AP CHEMISTRY
AP BIOLOGY

Electives (vary year to year)

IB MYP H DESIGN 9
IB MYP H DESIGN 10
AP COMPUTER SCIENCE PRINCIPLES
AP COMPUTER SCIENCE A
ENTREPRENEURIAL STUDIES I-II

Physical Education

IB MYP H PHYSICAL EDUCATION 9
IB MYP H PHYSICAL EDUCATION 10
HONORS WEIGHT TRAINING

Other Requirements

ECONOMICS AND PERSONAL FINANCE
COMMUNITY SERVICE
AP SEMINAR
FIRST AID, CPR, and use of AED

** Some of the above courses are not offered every year. Courses are offered and may be added according to student interest. Some courses are offered on a semester basis.*

Millwood — School —

Be seen. Be heard. Be inspired.

Graduation Requirements

Advanced Diploma (Up to Class of 2024)

Discipline Area	Credits
English	4
Mathematics ¹	4
Science ²	4
Social Studies ³	4
World Language ⁴	3
Health and Physical Education ⁵	2
Fine Arts	1
Economics and Personal Finance	1
Electives	3
AP Seminar	1
Community Service Hours ⁶	
TOTAL	27 ⁷

¹ Courses completed to satisfy this requirement shall be at or above the level of algebra and shall include at least three different course selections from among: Algebra I, Geometry, Algebra II with Trigonometry or other mathematics courses above the level of Algebra II. Students may also use a computer science class to fulfill this credit.

² Courses completed to satisfy this requirement shall include course selections from at least three different science disciplines from among: earth sciences, biology, chemistry or physics. Students may also use a computer science class to fulfill this credit.

³ Courses completed to satisfy this requirement shall include U.S. History, U.S. Government, and two courses in either world history and geography or both.

⁴ Courses completed to satisfy this requirement shall include three years of one language or two years of two languages.

⁵ Students may be awarded a .5 credit for every season he/she plays on a Millwood School athletic team. Students may also fulfill this credit outside of Millwood School with the proper documentation.

⁶ Students must complete 30 community service hours for every academic year that they are enrolled in Millwood School.

⁷ If a student completes two years of two languages, the credit total will be 28.



Graduation Requirements

Standard Diploma (Up to Class of 2024)

Discipline Area	Credits
English	4
Mathematics ⁸	3
Science ⁹	3
Social Studies ¹⁰	3
Health and Physical Education ¹¹	2
Fine Arts	1
World Language	3
Economics and Personal Finance	1
Electives	3
AP Seminar	1
Community Service Hours ¹²	
TOTAL	24

⁸ Courses completed to satisfy this requirement shall be at or above the level of algebra and shall include at least two course selections from among: Algebra I, Geometry, Algebra II, or other mathematics courses above the level of algebra and geometry. Students may also use a computer science class to fulfill this credit.

⁹ Courses completed to satisfy this requirement shall include course selections from at least two different science disciplines from among: earth sciences, biology, chemistry or physics. Students may also use a computer science class to fulfill this credit.

¹⁰ Courses completed to satisfy this requirement shall include U.S. History, U.S. Government, and one course in either world history or geography or both.

¹¹ Students will be awarded a .5 credit for every season he/she plays on a Millwood School athletic team. Students may also fulfill this credit outside of Millwood School with the proper documentation.

¹² Students must complete 30 community service hours for every academic year that they are enrolled in Millwood School.

